

# NDA-CDS 1 2025

# GS

LIVE

# PHYSICS

## WORK-ENERGY-POWER

# MCQS



NAVJYOTI SIR

SSBCrack  
EXAMS



## 30 Jan 2025 Live Classes Schedule

9:00AM -- 30 JANUARY 2025 DAILY DEFENCE UPDATES -- DIVYANSHU SIR

10:00AM -- 30 JANUARY 2025 DAILY CURRENT AFFAIRS -- RUBY MA'AM

### AFCAT 1 2025 LIVE CLASSES

✓ 12:30PM -- REASONING - CODING DECODING -- RUBY MA'AM

✓ 3:00PM -- STATIC GK - UNIVERSE & SOLAR SYSTEMS -- DIVYANSHU SIR

✓ 4:30PM -- ENGLISH - ANTONYMS - CLASS 2 -- ANURADHA MA'AM

✓ 5:30PM -- MATHS - NUMBER SYSTEM - CLASS 1 -- NAVJYOTI SIR

### NDA 1 2025 LIVE CLASSES

✓ 10:00AM -- MATHS - ANALYTICAL GEOMETRY 3D -- NAVJYOTI SIR

✓ 11:30AM -- MODERN HISTORY - CLASS 2 -- RUBY MA'AM

✓ 1:00PM -- PHYSICS - WORK ENERGY POWER -- NAVJYOTI SIR

✓ 4:30PM -- ENGLISH - ANTONYMS - CLASS 2 -- ANURADHA MA'AM

### CDS 1 2025 LIVE CLASSES

✓ 11:30AM -- MODERN HISTORY - CLASS 2 -- RUBY MA'AM

✓ 1:00PM -- PHYSICS - WORK ENERGY POWER -- NAVJYOTI SIR

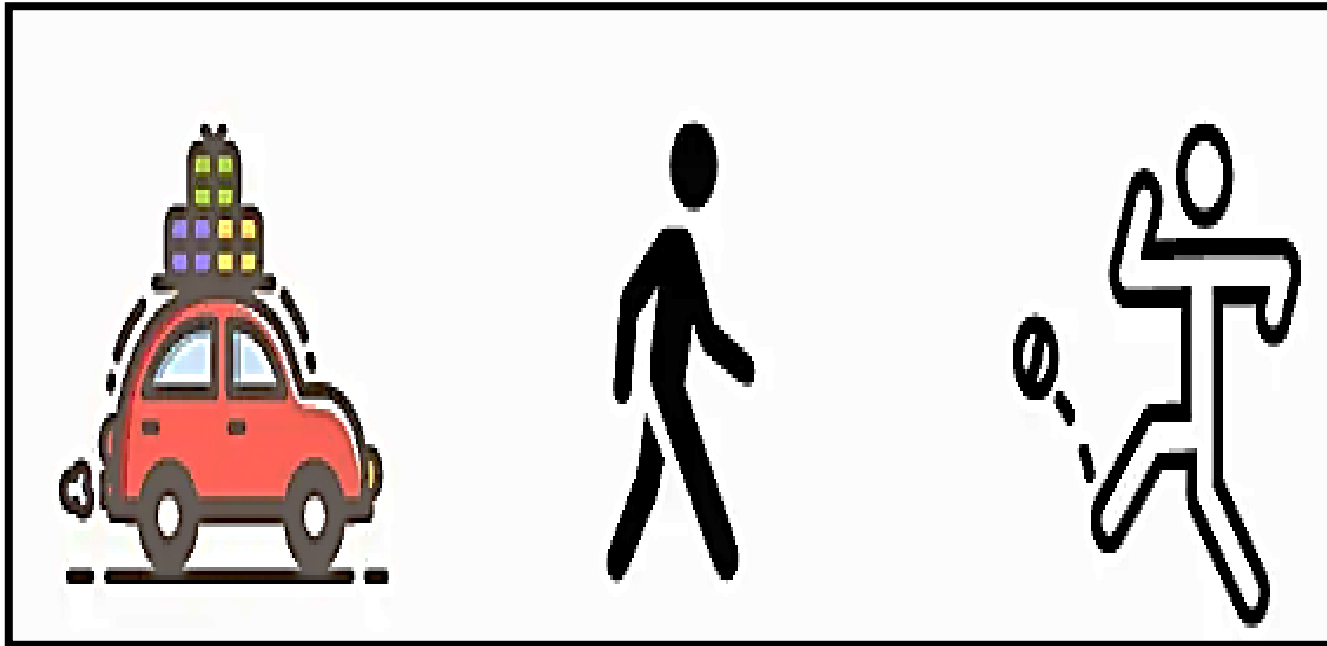
✓ 4:30PM -- ENGLISH - ANTONYMS - CLASS 2 -- ANURADHA MA'AM

✓ 5:30PM -- MATHS - NUMBER SYSTEM - CLASS 1 -- NAVJYOTI SIR



# WORK, ENERGY AND POWER - MCQs

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## The SI unit of Power is

- A. Js
- B. J/s
- C. s/J
- D. J/s<sup>2</sup>

$$\text{Power} = \frac{\text{Work done / Energy (J)}}{\text{Time (s)}}$$

→ J/s (watt)

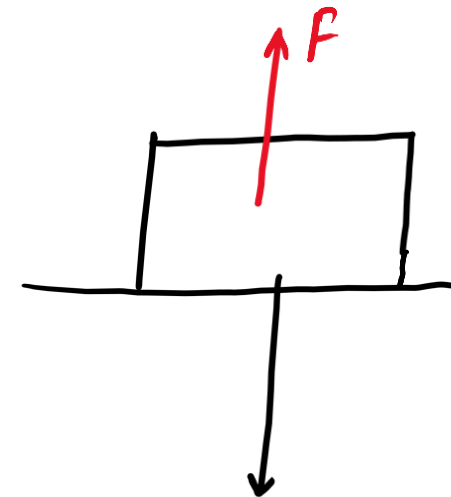
The SI unit of Power is

- A. Js
- B. J/s**
- C. s/J
- D. J/s<sup>2</sup>

What is the work done in lifting a body of mass 5 kg vertically through 9 m ?

- A. - 450 J
- B. 450 J
- C. 45 J
- D. 540 J

$$\begin{aligned}W &= \text{force} \times \text{displacement} \\&= (5 \text{ kg} \times 10 \text{ ms}^{-2}) \times 9 \text{ m} \\&= \boxed{450 \text{ J}}\end{aligned}$$



$$\text{Weight} = 5 \times 10 = \underline{50 \text{ N}}$$

What is the work done in lifting a body of mass 5 kg vertically through 9 m ?

A. - 450 J

**B. 450 J**

C. 45 J

D. 540 J

Fundamental laws of physics require

- (a) conservation of energy and non-conservation of charge.
- (b) conservation of charge and non-conservation of linear momentum.
- (c) conservation of charge and non-conservation of energy.
- (d) conservation of energy, momentum and charge.



Fundamental laws of physics require

- (a) conservation of energy and non-conservation of charge.
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- (d) conservation of energy, momentum and charge.

**Answer: D**

A lamp consumes 1000 J of electrical energy in 10 s. What is its power ?

A. 10 W

B. 100 W

C. 1000 W

D. 500 W

$$\frac{1000 \text{ J}}{10 \text{ s}} = 100 \text{ J/s} = 100 \text{ watts (W)}$$

**A lamp consumes 1000 J of electrical energy in 10 s. What is its power ?**

A. 10 W

**B. 100 W**

C. 1000 W

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**A weightlifter lifts a weight off the ground and holds it up then :**

- A. Work is done in lifting as well as holding the weight
- B. No work is done in both lifting and holding the weight
- C. Work is done in lifting the weight but no work is done in holding it up
- D. No work is done in lifting the weight but work is done in holding it up

$$W = \underline{F} \times \underline{s}$$

Lifting  $\rightarrow$   $F$  and  $s$  both have values,

Holding  $\rightarrow$   $F$  is there but  $s = 0$ ,  $\Rightarrow$  As  $s = 0 \Rightarrow$  Work done = 0

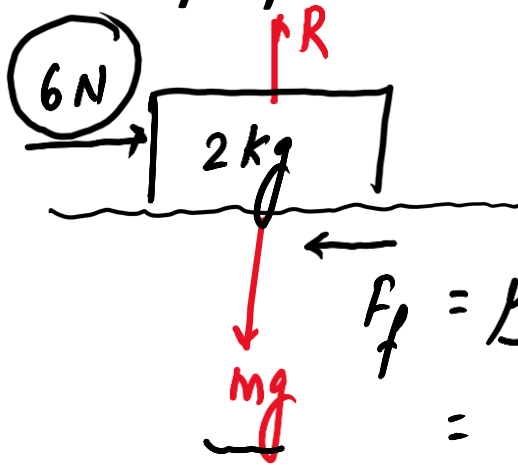
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A block of mass 2 kg initially at rest moves under the action of an applied horizontal force of 6 N on a rough horizontal surface. The coefficient of friction between block and surface is 0.1. The work done by applied force in 10 s is

(Take  $g = 10 \text{ m/s}^2$ )

- A. 200 J
- B. - 200 J
- C. 600 J
- D. - 600 J



$$\begin{aligned}
 f_f &= \mu R = \mu(mg) \\
 &= (0.1)(2 \times 10) \\
 &= \underline{2 \text{ N}}
 \end{aligned}$$

$$a = \left( \frac{F_{\text{effective}}}{\text{mass}} \right) = \frac{6 \text{ N} - 2 \text{ N}}{2 \text{ kg}} = \frac{4}{2} = \underline{\underline{2 \text{ m/s}^2}}$$

$$\begin{aligned}
 \underline{\underline{s}} &= ut + \frac{1}{2} \underline{\underline{a}} t^2 \\
 &= 0 + \frac{1}{2} (2) (10)^2 \Rightarrow \underline{\underline{s = 100 \text{ m}}}
 \end{aligned}$$

Work done by applied force =  $f \times s = \underline{6} \times 100 = \underline{\underline{600 \text{ J}}}$

**A block of mass 2 kg initially at rest moves under the action of an applied horizontal force of 6 N on a rough horizontal surface. The coefficient of friction between block and surface is 0.1. The work done by applied force in 10 s is**

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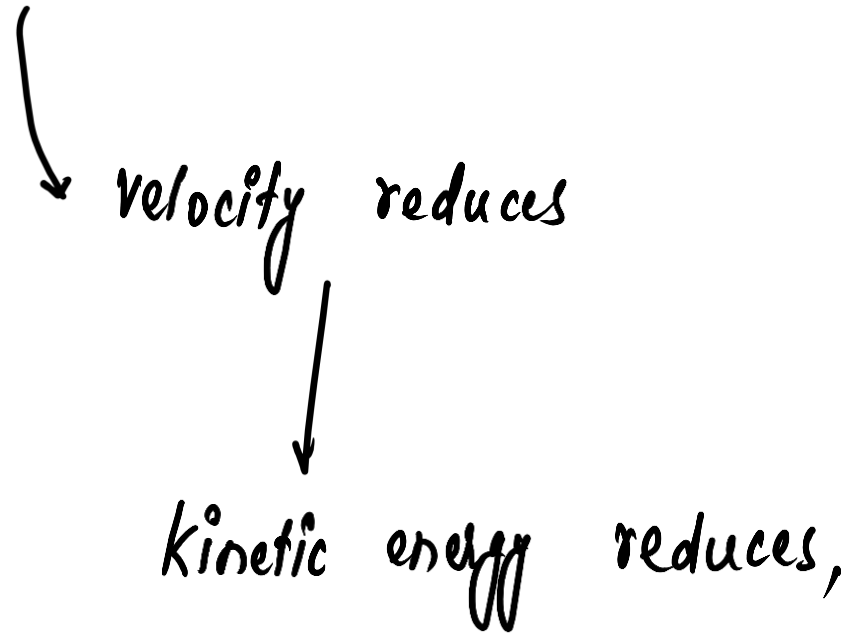
- A. 200 J
- B. - 200 J
- C. 600 J**
- D. - 600 J

**The work done by a body against friction always results in**

- A. Loss of Kinetic Energy
- B. Loss of potential Energy
- C. Gain of Kinetic Energy
- D. Gain of Potential Energy

*velocity reduces*

*kinetic energy reduces,*





**The work done by a body against friction always results in**

- A. Loss of Kinetic Energy**
- B. Loss of potential Energy
- C. Gain of Kinetic Energy
- D. Gain of Potential Energy

**Which of the following is an incorrect statement**

- A. Kinetic Energy may be zero , positive or negative
- B. Power , Energy and Work are all scalars
- C. Potential Energy may be zero , positive or negative
- D. Ballistic pendulum is a device used for measuring speed of bullets

Which of the following is an incorrect statement

- A. Kinetic Energy may be zero , positive or negative
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$$\frac{1}{2}mv^2 < 0$$

$$v^2 < 0 \text{ (not possible)}$$

For a moving particle ( mass  $m$  , velocity  $v$  ) having a momentum  $p$  , which one of the following correctly describes the kinetic energy of the particle ?

A.  $p/2m$

B.  $v/2m$

C.  $v^2/2m$

D.  $p^2/2m$

$$p = mv$$

$$p^2 = m^2 v^2$$

$$v^2 = \frac{p^2}{m^2}$$

$$K = \frac{1}{2} mv^2 = \frac{1}{2} m \left( \frac{p^2}{m^2} \right) = \frac{p^2}{2m}$$

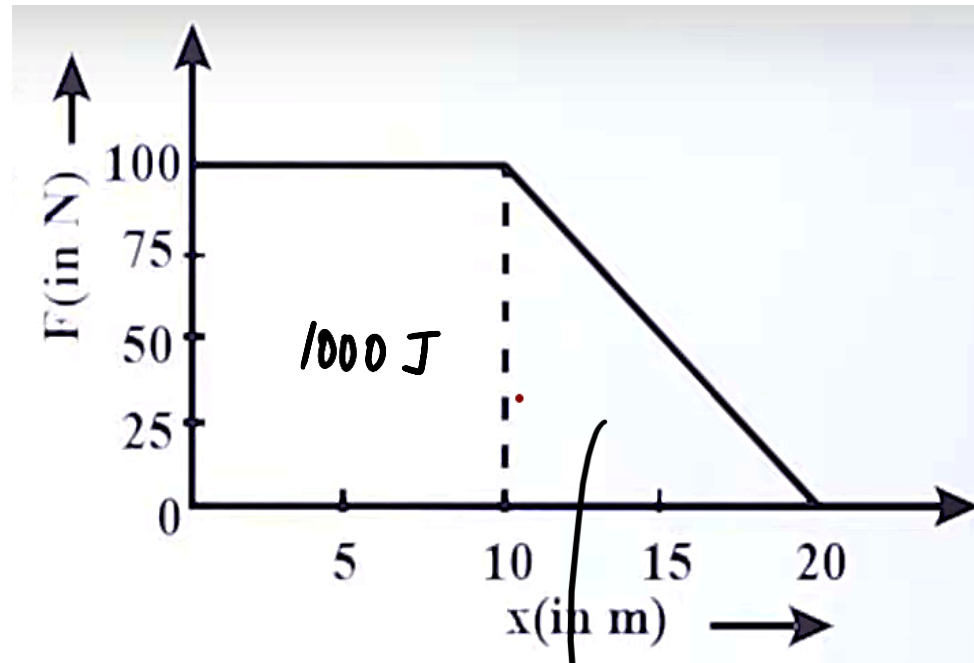
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- A.  $p/2m$
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- C.  $v^2/2m$
- D.  $p^2/2m$

A force  $F$  acting on an object varies with distance  $x$  as shown in the figure.

The work done by the force in moving the object from  $x = 0$  to  $x = 20$  m is :

- A. 500 J
- B. 1000 J
- C. 1500 J
- D. 2000 J



$F \times S = \text{work}$



Area under curve

Total area

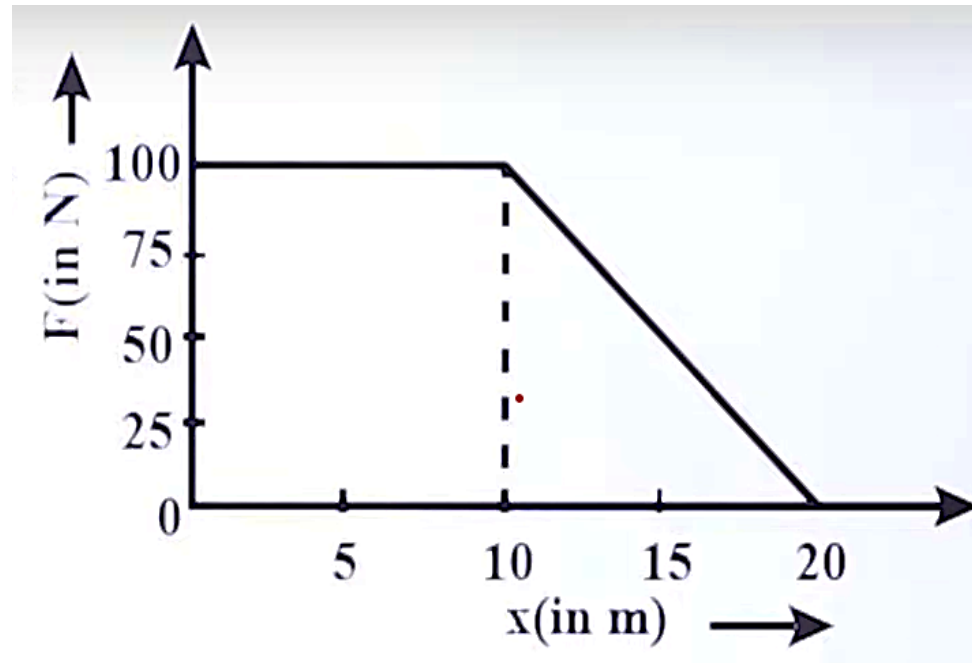
$1000 \text{ J} + 500 \text{ J}$

$= 1500 \text{ J}$

A force  $F$  acting on an object varies with distance  $x$  as shown in the figure.

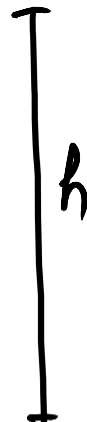
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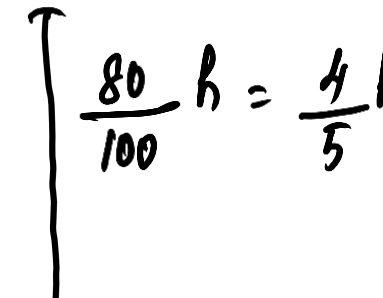
- A. 500 J
- B. 1000 J
- C. 1500 J**
- D. 2000 J



A ball bounces to 80% of its original height. What fraction of its potential energy is lost in each bounce ?

- A. 2/5
- B. 4/5
- C. 1/5
- D. None of the above


$$PE_i = mgh$$


$$PE = mg \left( \frac{4}{5} h \right)$$

$$PE \text{ lost} = mgh - \frac{4}{5} mgh = \frac{1}{5} mgh = \frac{1}{5} (PE_i)$$



**A ball bounces to 80% of its original height. What fraction of its potential energy is lost in each bounce ?**

A.  $2/5$

B.  $4/5$

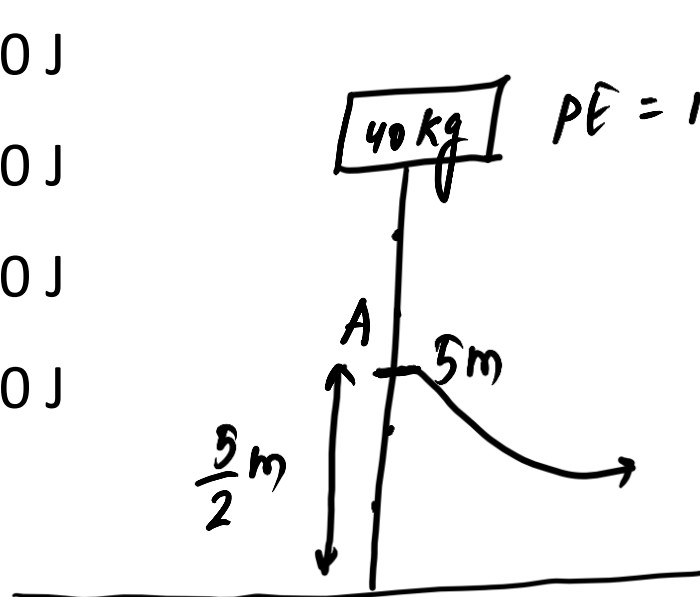
**C.  $1/5$**

D. None of the above

An object of mass 40 kg is raised to a height of 5 m above the ground.

If the object is allowed to fall, find its Kinetic Energy midway.

- A. 2000 J
- B. 4000 J
- C. 1000 J
- D. 1500 J



$PE = mgh = 40 \times 10 \times 5 = 2000 \text{ J} = \text{Total energy (TE)}$

$PE = mg\left(\frac{h}{2}\right) = \frac{1}{2}(2000 \text{ J}) = 1000 \text{ J}$

conservation of energy

$TE = \text{Kinetic energy (KE)} + PE$

$(KE)_A = TE - PE = 2000 \text{ J} - 1000 \text{ J} = 1000 \text{ J}$

**An object of mass 40 kg is raised to a height of 5 m above the ground.**

**If the object is allowed to fall , find its Kinetic Energy midway.**

A. 2000 J

B. 4000 J

**C. 1000 J**

D. 1500 J

When a long spring is stretched by 2 cm , its potential energy is U. If the spring is stretched by 10 cm , then the potential energy now becomes

A. 10 U

B. 5 U

C. U / 5

D. 25 U

$$PE = \frac{1}{2} kx^2 \quad \left| \begin{array}{l} k - \text{spring constant} \\ x - \text{displacement} \end{array} \right.$$

$$U = \frac{1}{2} k(2)^2 = 2k$$

$$U_f = \frac{1}{2} k(10)^2 = 50k = 25(2k) = 25U$$

**When a long spring is stretched by 2 cm , its potential energy is U. If the spring is stretched by 10 cm , then the potential energy now becomes**

- A. 10 U
- B. 5 U
- C. U / 5
- D. 25 U**

One man takes 1 minute to raise a box of height of 3 m while another man takes  $1/2$  minute to do so. The energy gained by box in both cases is

- A. Same
- B. Different
- C. Energy for first is more
- D. Energy for second is more

Energy gained = work done  $\longrightarrow$  depends on  
force & displacement

(No role of time)

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- B. Different
- C. Energy for first is more
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A man weighing 60 kg climbs up a staircase carrying a load of 20 kg on his head. The staircase has 20 steps each of height 0.2 m. If he takes 10 s to climb, find his power.

- A. 320 W
- B. 120 W
- C. 80 W
- D. 160 W

$$\text{mass} = 60 \text{ kg}$$

$$\text{Work done} = F \times s$$

$$= (60 \times 10 + 20 \times 10) \times (0.2 \times 20)$$

$$= 800 \times 4 = \underline{3200 \text{ J}}$$

$$\text{Power} = \frac{3200 \text{ J}}{10 \text{ s}} = \boxed{320 \text{ W}}$$





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- A. 320 W**
- B. 120 W
- C. 80 W
- D. 160 W

An object of mass 2000 g possesses 100 J kinetic energy. The object must be moving with a speed of

(a) 10.0 m/s

(b) 11.1 m/s

(c) 11.2 m/s

(d) 12.1 m/s

$$m = 2 \text{ kg}$$

$$ke = \frac{1}{2} mv^2$$

$$100 = \frac{1}{2} (2) \times v^2$$

$$v^2 = 100$$

$$\underline{\underline{v = 10.0 \text{ m/s}}}$$

An object of mass 2000 g possesses 100 J kinetic energy. The object must be moving with a speed of

- (a) 10.0 m/s
- (b) 11.1 m/s
- (c) 11.2 m/s
- (d) 12.1 m/s

**Answer: A**

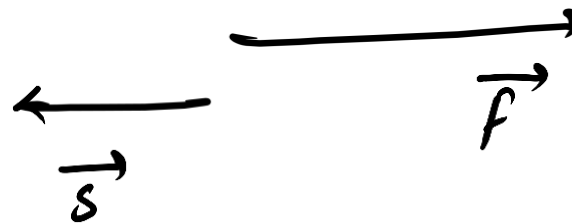
A negative work is done when an applied force **F** and the corresponding displacement **S** are

- (a) perpendicular to each other.
- (b) parallel to each other.
- (c) anti-parallel to each other.
- (d) equal in magnitude.

$$W = FS \cos \theta$$

$$\cos \theta = -1 \quad (\text{for negative work})$$

$$\theta = 180^\circ$$



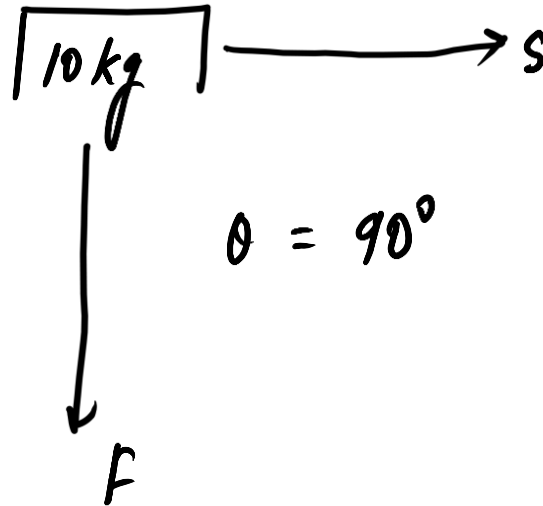
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- (c) anti-parallel to each other.
- (d) equal in magnitude.

**Answer: C**

A mass of 10 kg is at a point A on table. It is moved to a point B horizontally, what is the work done on the object by the Gravitational force ?

- A. 0 J
- B. 10 J
- C. 100 J
- D. 1000 J



$$\begin{aligned} W &= Fs \cos \theta \\ &= Fs \cos 90^\circ \\ &= \underline{0 \text{ J}} \end{aligned}$$

**A mass of 10 kg is at a point A on table. It is moved to a point B horizontally , what is the work done on the object by the Gravitational force ?**

**A. 0 J**

B. 10 J

C. 100 J

D. 1000 J

The energy possessed by a body due to its change in position or shape is called

- (a) thermal energy
- (b) potential energy
- (c) kinetic energy
- (d) electric energy



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- (b) potential energy
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**Answer : B**

Which one of the following forces is  
non-central and non-conservative?

non-central and non-conservative?  
(a) Frictional force

*resistive forces,*

(b) Electric force.

(c) Gravitational force

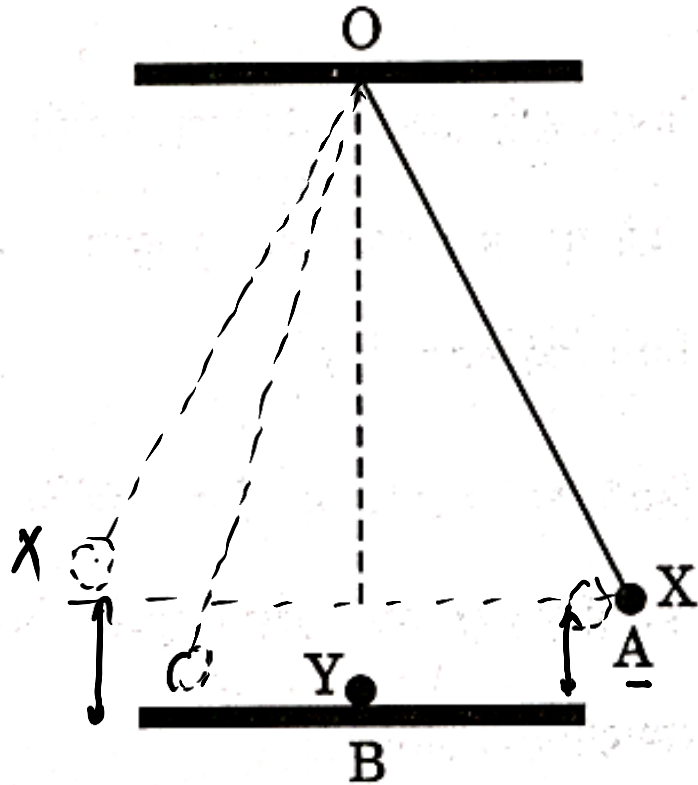
(d) Mechanical force

Which one of the following forces is non-central and non-conservative ?

- (a) Frictional force
- (b) Electric force
- (c) Gravitational force
- (d) Mechanical force

**Answer : A**

A metallic bob X of mass  $m$  is released from position A. It collides elastically with another identical bob Y placed at rest at position B on a horizontal frictionless table. The angle AOB is  $30^\circ$ .



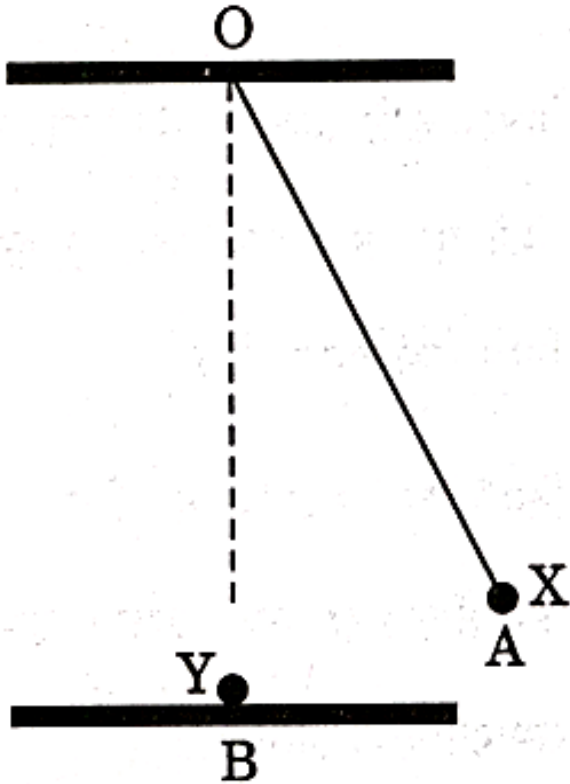
How high does the bob X rise immediately after the collision ?

- To the same height as that of position A on the other side in the same trajectory
- To half the height as that of position A on the other side along the same trajectory
- The same height at position A
- It stops at position B

PYQ – 2024 - I

*If masses are equal,  
velocities get interchanged in  
elastic collision,*

A metallic bob X of mass  $m$  is released from position A. It collides elastically with another identical bob Y placed at rest at position B on a horizontal frictionless table. The angle AOB is  $30^\circ$ .



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- (b) To half the height as that of position A on the other side along the same trajectory
- (c) The same height at position A
- (d) It stops at position B

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**Answer : D**

$$m_1 = m_2$$

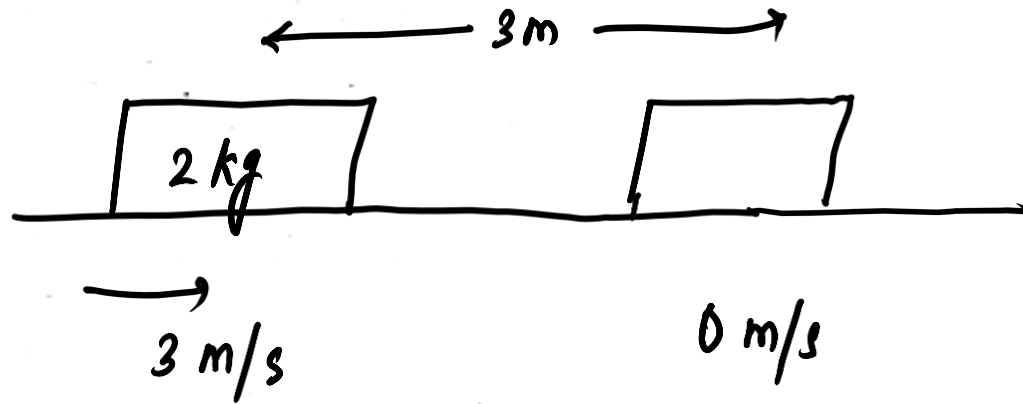
$$v_{1f} = \frac{(m_1 - m_2)}{m_1 + m_2} v_{1i} \sim v_{1f} = 0$$

$$v_{2f} = \frac{2m_1 v_{1i}}{m_1 + m_2} \quad v_{2f} = v_{1i}$$

A block of mass 2 kg, moving with the initial speed of 3 m/s comes to rest on a rough horizontal surface after travelling a distance of 3 m. The magnitude of the frictional force is :

PYQ – 2024 - I

- (a) 9 N
- (b) 3 N
- (c) 18 N
- (d) 1 N



*work - energy theorem*

*Work done by frictional force = Change in kinetic energy*

$$\begin{aligned}
 -(F \times 3) &= (KE)_f - (KE)_i \\
 -(F \times 3) &= 0 - \frac{1}{2}(2)(3)^2
 \end{aligned}
 \left. \vphantom{\begin{aligned} -(F \times 3) &= (KE)_f - (KE)_i \\ -(F \times 3) &= 0 - \frac{1}{2}(2)(3)^2 \end{aligned}} \right\} \begin{aligned} -3F &= -9 \\ \mathbf{F} &= \mathbf{3\ N} \end{aligned}$$

## PYQ – 2024 - I

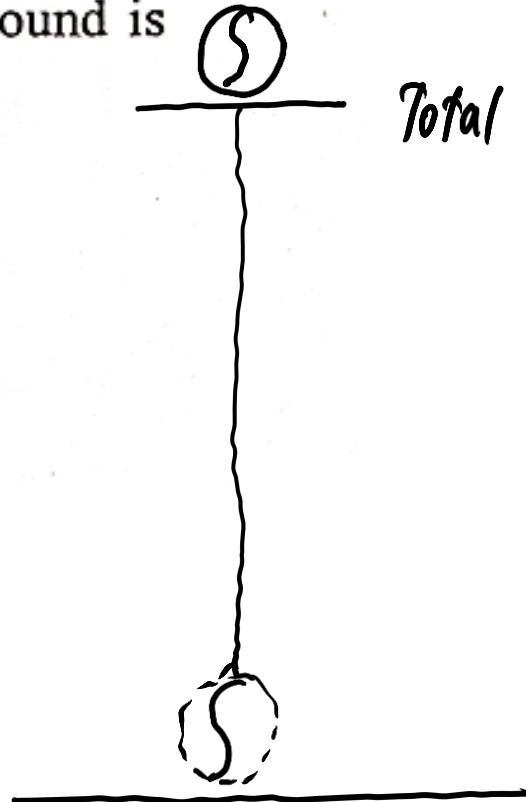
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- (a) 9 N
- (b) 3 N
- (c) 18 N
- (d) 1 N

**ANS : B**

There is a ball of mass 320 g. It has 625 J potential energy when released freely from a height. The speed with which it will hit the ground is

- (a) 62.5 m/s
- (b) 2.0 m/s
- (c) 50 m/s
- (d) 40 m/s



PYQ – 2024 - I

$$\text{Total energy} = PE = 625 \text{ J}$$

$$PE = 0 \text{ as } h = 0$$

$$KE = TE = 625 \text{ J}$$

$$\frac{1}{2} mv^2 = 625$$

$$\frac{1}{2} \times 0.32 \times v^2 = 625$$

$$v^2 = \frac{625}{0.16} = \frac{625 \times 100}{16}$$

$$v = \frac{25 \times 10}{4} = \frac{250}{4} = 62.5 \text{ m/s}$$



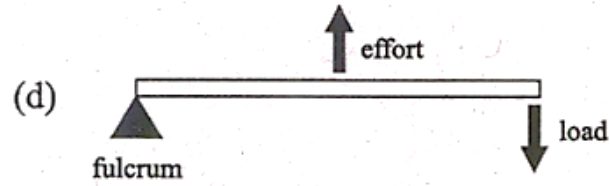
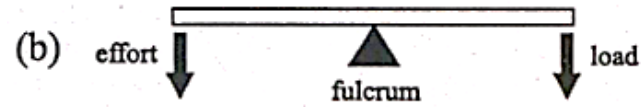
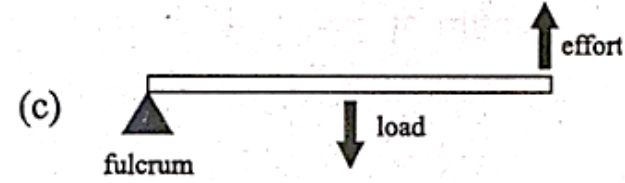
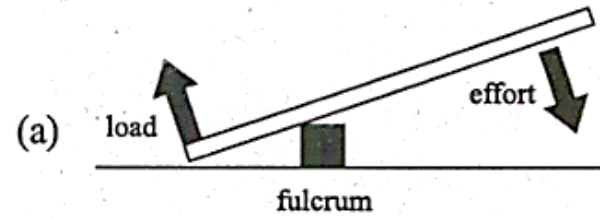
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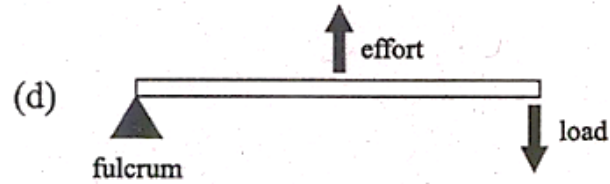
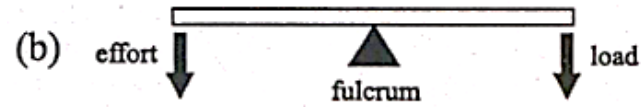
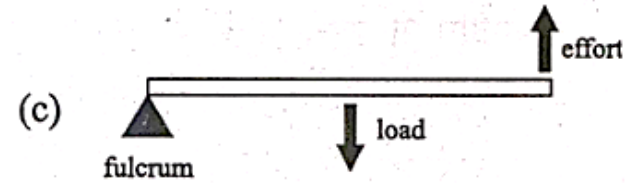
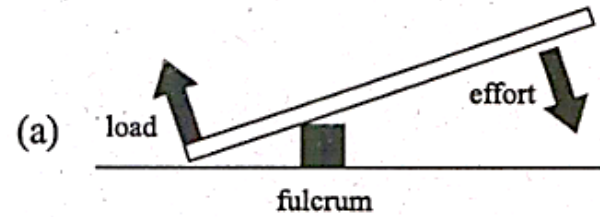
- (a) 62.5 m/s
- (b) 2.0 m/s
- (c) 50 m/s
- (d) 40 m/s

**ANS : A**

Which one of the following sketches correctly describes a lever of second class ?



Which one of the following sketches correctly describes a lever of second class ?



**ANSWER : C**

Conservation of momentum in a collision between particles can be understood on the basis of

- (a) Newton's first law of motion
- (b) Newton's second law of motion
- (c) Both Newton's second law of motion and Newton's third law of motion
- (d) conservation of energy

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**ANS : C**

Which one among the following happens when a swing rises to a certain height from its rest position?

- (a) Its potential energy decreases while kinetic energy increases
- (b) its kinetic energy decreases while potential energy increases
- (c) Both potential and kinetic energy decreases
- (d) Both potential and kinetic energy increases

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**ANS : B**

A particle is moving freely. Then, its

- (a) kinetic energy is always greater than zero
- (b) potential energy is greater than zero and kinetic energy is less than zero
- (c) potential energy is less than zero and kinetic energy is greater than zero
- (d) potential energy is zero and kinetic energy is less than zero



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- (b) potential energy is greater than zero and kinetic energy is less than zero
- (c) potential energy is less than zero and kinetic energy is greater than zero
- (d) potential energy is zero and kinetic energy is less than zero

**ANS : A**

The work done in time  $t$  on a body of mass  $M$  which is accelerated from rest to speed  $v$  in time  $t_1$  as a function of time  $t$  is given by

(a)  $\frac{Mvt^2}{2t_1}$

(b)  $\frac{Mvt^2}{t_1}$

(c)  $\frac{Mv^2t^2}{2t_1^2}$

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**ANS : C**

A 4 kg mass and a 1 kg mass are moving with equal kinetic energies. The ratio of their momenta is

- (a) 3 : 1                      (b) 1 : 1  
(c) 4 : 1                      (d) 2 : 1

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**ANS : D**

Mass of  $B$  is four times that of  $A$ .  $B$  moves with a velocity half that of  $A$ . Then,  $B$  has

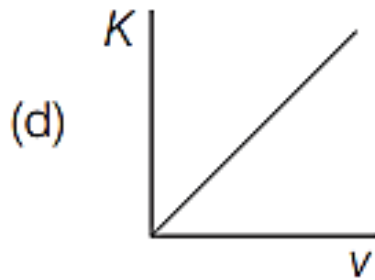
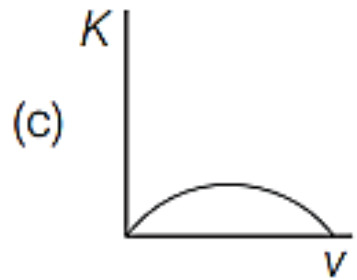
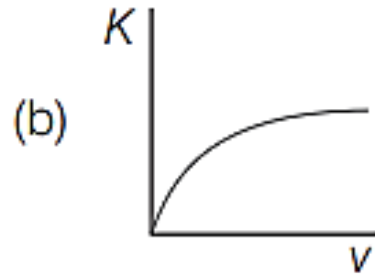
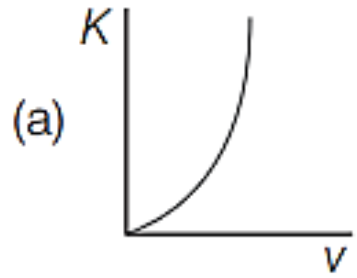
- (a) kinetic energy equal to that of  $A$
- (b) half the kinetic energy of  $A$
- (c) twice the kinetic energy of  $A$
- (d) kinetic energy one-fourth of  $A$

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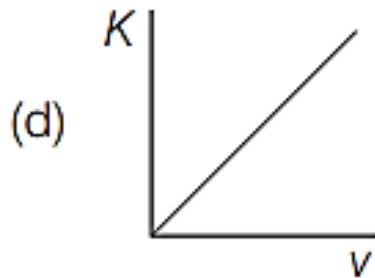
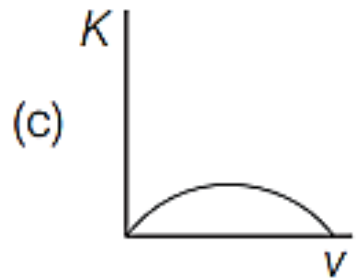
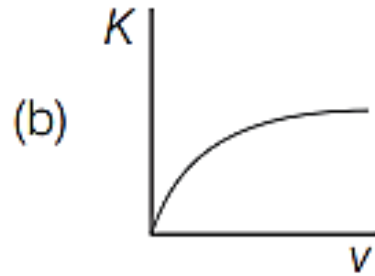
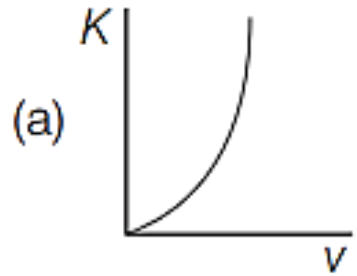
**ANS : A**

Which one of the following diagrams illustrates the relation between kinetic energy ( $K$ ) and the velocity ( $v$ ) of a body?





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**ANS : A**

For a perfectly elastic collision,  
the coefficient of restitution ( $e$ ) is

- (a) 1                                      (b)  $-1$   
(c) 0                                        (d) infinity

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**ANS : A**

Which of the following are the characteristics of an inelastic collision?

- I. Momentum is conserved.
- II. Total energy is conserved.
- III. Kinetic energy is conserved.
- IV. All the forces must be of conservative nature.

Choose the correct answer from the codes given below

- (a) Both III and IV
- (b) Both I and II
- (c) I, II and IV
- (d) Both II and IV

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- (b) Both I and II
- (c) I, II and IV
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**ANS : B**

## Choose the wrong statement

- (a) Work done is a scalar quantity
- (b) Work done by a body does not depend on the time taken to complete the work
- (c) Work done can never be zero
- (d) SI unit of work is joule

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**ANS : C**

The linear momentum ( $p$ ) and kinetic energy ( $E$ ) for a body of mass  $m$  are related as

(a)  $p = \sqrt{2mE}$       (b)  $p = \sqrt{\frac{2m}{E}}$

(c)  $p = \sqrt{\frac{E}{2m}}$       (d)  $p = 2 mE$



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**ANS : A**

The energy associated with state of compression or expansion of an elastic spring is called its

- (a) rational kinetic energy
- (b) elastic potential energy
- (c) total energy
- (d) magnetic energy

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