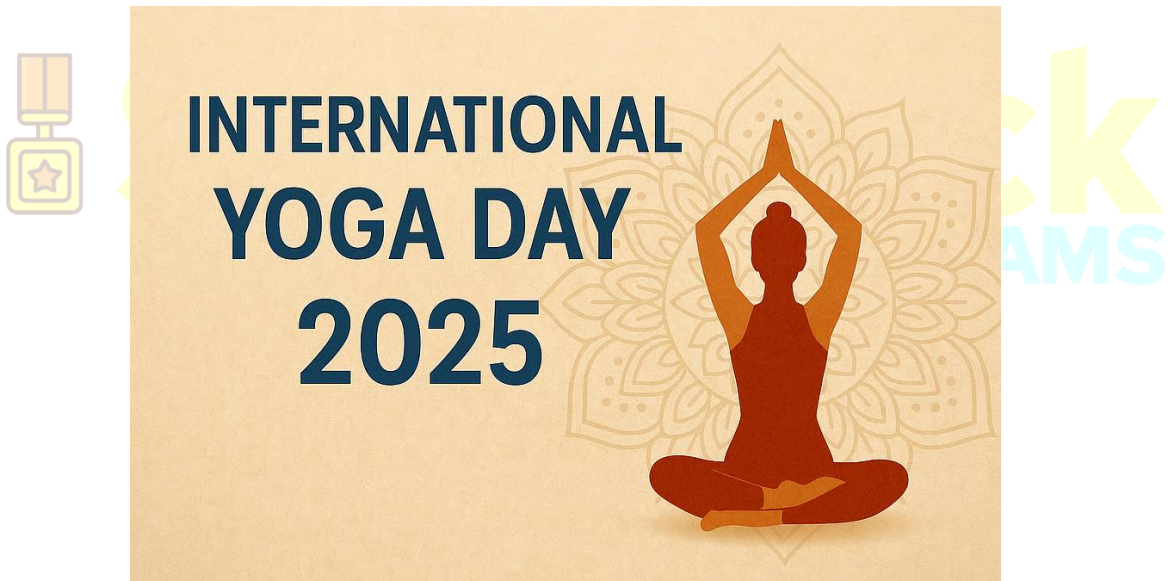


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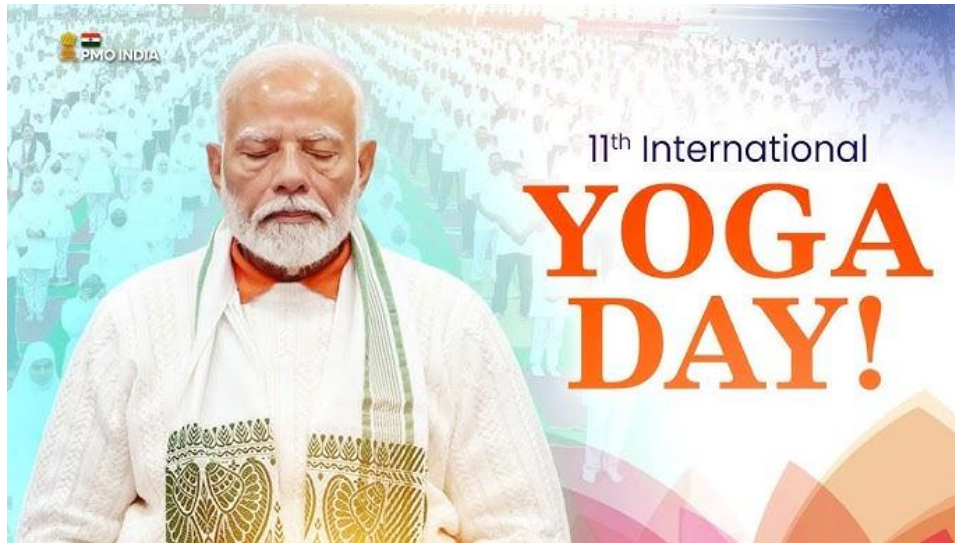
21 June 2025

International Yoga Day 2025

- **International Day of Yoga, celebrated every year on 21st June**, is more than just a symbolic observance; it is a global movement that promotes physical health, mental peace, and spiritual awareness.
- In 2025, this internationally **celebrated day enters its 11th edition**, bringing with it a renewed sense of commitment to both personal well-being and planetary health. idea of dedicating a day to Yoga was proposed by India's Prime Minister, Shri Narendra Modi, during his speech at the **United Nations General Assembly (UNGA) on 27th September 2014**.



- Recognizing the far-reaching benefits of Yoga, the UNGA officially adopted 21st June as the International Day of Yoga on 11th December 2014. The date was chosen **because 21st June is the Summer Solstice**, the longest day of the year in the Northern Hemisphere, symbolizing light, awakening, and consciousness—core values of the Yogic tradition.



- **The official theme for International Yoga Day 2025 is: “Yoga for One Earth, One Health”** This theme highlights the interconnectedness of human health and the health of the planet. In a world facing challenges like climate change, mental health crises, and sedentary lifestyles, the message is clear—true well-being cannot exist without harmony with nature.



- **This year’s theme encourages individuals to:**
 - Embrace Yoga not just for personal fitness, but also for sustainable living
 - Practice mindfulness in consumption, behavior, and environmental choices
 - Recognize that our individual actions impact the collective health of Earth

- The theme aligns with the broader global goals of “One Health”, an initiative supported by WHO and other global organizations, which emphasizes the integrated health of people, animals, and ecosystems.
- Prime Minister Narendra Modi said that today the **whole world is going through some kind of stress and in such a situation**, yoga gives us direction to peace. Leading the celebrations on 11th International Yoga Day from Vishakhapatnam

First Locomotive Export To Guinea From Bihar

- In a major milestone for Indian manufacturing and global trade, Prime Minister Narendra Modi will flag off **India’s first locally-built locomotive export to the Republic of Guinea**, from the Marhowrah rail factory in Bihar.



- This move **highlights India’s emergence as a competitive global supplier** in the railway manufacturing sector and marks a pivotal moment in strengthening India-Africa economic relations.
- The initiative **marks the beginning of a ₹3,000 crore deal between India and Guinea** to export 150 locomotives over three years, aimed at powering Guinea’s **SimFer Simandou iron ore project**—one of Africa’s largest mining projects. The locomotives, manufactured by **Indian engineers, incorporate modern** technology and world-class safety standards, showcasing India’s Atmanirbhar Bharat mission on a global platform.

International Year Of The Woman Farmer

- **United Nations General Assembly has declared 2026 as the International Year of the Woman Farmer** to acknowledge and amplify the crucial role played by women in global agriculture. The **initiative aims to highlight gender disparities** in land ownership, technology access, market participation, and agricultural policy benefits—especially in developing countries where women contribute significantly to food production and rural economies.



- The **UN General Assembly officially declared 2026** as the International Year of the Woman Farmer. The move aims to **draw global attention to women's contributions** and challenges in agriculture, and promote gender-equitable policies. **It holds particular significance for countries** like India, where ~80% of economically active women work in agriculture but own just 8.3% of farmland.
- Women in Global Agriculture: Key Stats
- **Women contribute to ~50% of the global food supply.**
- In developing countries, they produce 60–80% of food.
- In India, ~80% of economically active women are in agriculture.
- However, only 8.3% own farmland (NFHS), and 76.95% rural women are engaged in agri-work (PLFS 2023–24).



- **Challenges Faced by Women Farmers**
- Double Burden: Managing both agricultural and household responsibilities.
- Limited Land Ownership: Restricts access to credit, schemes, and decision-making.
- Digital Divide: ~51% of rural women 15+ years don't own a mobile (NSO data), limiting access to advisories.
- Climate Vulnerability: Women bear the brunt of climate impacts, especially in drought- and flood-prone areas.
- Insufficient Financing: Microfinance exists but lacks scale for long-term investments.
- **Government Initiatives Supporting Women Farmers**
- Mahila Kisan Sashaktikaran Pariyojana: Builds skills and improves access to resources.
- Sub-Mission on Agricultural Mechanisation: Offers 50–80% subsidy on tools/machinery.
- National Food Security Mission: Allocates 30% of funds for women in some States/UTs.



- **Case Study: ENACT Project (Assam)**
- Jointly run by World Food Programme, Govt. of Assam, funded by Norway.
- Uses mobile phones to deliver weekly climate advisories.
- Empowers women through climate-resilient crops, smart seed systems, and information centres.
- Promotes collaboration with state departments and agricultural universities.

Rashtrapati Tapovan & Rashtrapati Niketan

- **President Droupadi Murmu, who arrived in Dehradun on a three-day visit, inaugurated Rashtrapati Tapovan and Rashtrapati Niketan in Dehradun today on the second day. She also inaugurated public facilities, including the visitor facility centre and the cafeteria.**



- Also laid the foundation stone of **Rashtrapati Udyan at Rashtrapati Niketan**. On this occasion, a book based on the biodiversity of Rashtrapati Niketan, Tapovan and **Rashtrapati Udyan** was also released.
- This book lists more than **300 flora and more than 170 fauna species** of Rashtrapati Niketan, Tapovan and the garden, including butterflies, birds and mammals. Rashtrapati Tapovan will be opened to the general public from June 24, and Rashtrapati Niketan from July 1.
- **The President also hosted an At- Home Reception at Rashtrapati Niketan.** Earlier, she released a postal stamp in Dehradun to mark 125 years of Raj Bhavan, Nainital, and unveiled a coffee table book. The President also offered prayers at an ancient Shiva temple.

JAIHIND Scheme

- **Delhi University has launched the JAIHIND (Janajati Immersive Holistic Intervention for Novel Development)** scheme aimed at equipping Scheduled Tribe (ST) students from across India with basic computer skills and guidance for higher education, particularly focusing on preparing them for the **Common University Entrance Test (CUET)**.



- The initiative is **designed to support school students** from Classes 9 to 12, especially those from remote tribal regions, by addressing their digital and academic barriers to college access.
- **JAIHIND scheme was officially launched on June 18, 2025**, with the first batch of 25 ST students from **Ukhrul district of Manipur beginning** their training at Delhi University. The initiative comes in response to concerns raised since the

implementation of CUET as the centralised entrance test for undergraduate admissions in 2022, especially regarding the digital access gap for students from marginalised communities.



- Key Features of the JAIHIND Scheme
- Focused on students of **Classes 9 to 12 from Scheduled** Tribe communities.
- **First batch includes 25 students** (12 girls and 13 boys) from Ukhrul, Manipur, selected on academic merit.
- **Two-week training programme** from June 18 to June 29, 2025.
- **Covers basic computer skills**, CUET awareness, and higher education preparedness.
- DU bears all expenses, including travel and accommodation.
- Plans to expand the programme annually and send DU faculty to remote tribal areas for outreach.

Neeraj Chopra Wins Gold

- **India's javelin star Neeraj Chopra won the men's javelin throw** competition of the Paris Diamond League 2025 at Stade Sébastien Charléty last night. Two-time Olympic medallist Chopra won the title with a **best effort of 88.16 meters achieved** with his first throw. Germany's Julian Weber finished second with 87.88 meter throw.



- **Luiz Maurício da Silva of Brazil** finished third with a new South American record of 86.62 meters. The 27-year-old Chopra followed up with an 85.10 meter throw in his second attempt and fouled his next three before finishing off with an 82.89 meters.
- **This is the first time in this season that Neeraj** has been able to get the better of Julian Weber. At the Doha Diamond League last month, Weber nicked Neeraj with a personal best throw of 91.06 meters with his final attempt of the night. Whereas, the Indian javelin thrower had earlier breached the elusive 90 meter mark with a 90.23 meter throw and reset the Indian national record in Doha.

Para Athletics Championship

- **Delhi Chief Minister Rekha Gupta** unveiled **Logo, Mascot and flags off 100 days to go countdown** for New Delhi 2025 World Para Athletics Championship in National Capital. The newly revealed **mascot, named Viraaj** — a spirited young elephant with a blade prosthesis — is a tribute to strength, optimism, and resilience, while the logo captures India's rich heritage, the spirit of para athletics, and the vibrancy of New Delhi as host city.



- Addressing the Gathering, Ms Gupta said, over 100 countries and more than 2500 athletes are participating in the sporting event. She added that the Government will ensure that this event becomes a landmark for inclusivity and excellence.
- The **12th edition of World Para Athletics Championships** will be the largest ever para athletics event in the country bringing world's best athletes. The sporting event will be held from 26th September to 5th October at the Jawaharlal Nehru Stadium.

REVIEW QUESTIONS

1. JAIHIND Scheme Initiated By

- IIT Delhi
- Delhi University
- BHU
- IIT Roorkee

ANSWER: C

2. Which Year Is Titled As International Year Of The Woman Farmer By UNGA

- 2025
- 2024
- 2026
- 2027

ANSWER: C

3. Bajau Tribe Is Primarily Found In Which Countries

- A. Nepal, Bhutan and India
- B. Chile, Peru and Brazil
- C. Myanmar, Laos and Cambodia
- D. Indonesia, Malaysia and Philippines

ANSWER: D

4. Neeraj Chopra Won Which Medal At Men's Javelin Throw Competition Of The Paris Diamond League 2025

- A. Gold
- B. Silver
- C. Bronze
- D. None

ANSWER: A

5. Idukki Wildlife Sanctuary Is Located In Which State

- A. Tamil Nadu
- B. Kerala
- C. Karnataka
- D. Maharashtra

ANSWER: B

6. Which State's Education Department Signed Mous With Ngos To Enhance Teaching Infrastructure In Government Schools

- A. Kerala
- B. Maharashtra
- C. Telangana
- D. Karnataka

ANSWER: C

7. Who Has Been Appointed As India's New Ambassador To North Korea After A Four-year Gap

- A. Atul Malhari Gotsurve
- B. Saurabh Kumar
- C. Aliawati Longkumer
- D. T.S. Tirumurti

ANSWER: C

8. Which Indian IT Company Partnered With The Council Of Europe Development Bank To Automate Reconciliation Processes

- A. Infosys
- B. Wipro
- C. Tata Consultancy Services
- D. HCL Technologies

ANSWER: C

9. Which Country Has Recently Joined The Elite Global Group For Rinderpest Virus 'Cattle Plague' Containment

- A. Brazil
- B. India
- C. Australia
- D. South Africa

ANSWER: B

10. With Which Country Is India Conducting The Joint Military Exercise 'Shakti 2025'?

- A. France
- B. Germany
- C. Australia
- D. Japan

ANSWER: A

11. What Is The Cost Of The Newly Launched Fastag Annual Pass For Private Vehicles In India

- A. Rs. 2500
- B. Rs. 3000
- C. Rs. 3500
- D. Rs. 4000

ANSWER: B

12. Which Indian State Became The First To Implement A Mobile-based E-voting System In Urban Polls

- A. Bihar
- B. Maharashtra
- C. Karnataka
- D. Kerala

ANSWER: A

13. Where Was Lost Ship HMS Endeavour Of Captain James Cook Recently Discovered

- A. Rhode Island
- B. Australia
- C. New Zealand
- D. New Guinea Island

ANSWER: A

14. World Sickle Cell Day Is Observed On Which Day Every Year

- A. 18 June
- B. 19 June
- C. 20 June
- D. 21 June

ANSWER: B

15. Which Organization Released The Performance Grading Index (PGI) 2.0 Report To Assess School Education

- A. Pratham
- B. All India Council for Technical Education
- C. Ministry of Education
- D. University Grants Commission

ANSWER: C

16. Where Was First Assembly Of The International Big Cat Alliance (IBCA) Held

- A. Mumbai
- B. Geneva
- C. New Delhi
- D. Nairobi

ANSWER: C

17. On Which Date Is Sustainable Gastronomy Day Observed Annually

- A. April 7
- B. May 22
- C. July 5
- D. June 18

ANSWER: D

18. Which Country's Researchers Developed A Green Chemical Process Using Cooking Oils To Recover Silver From e-waste

- A. Finland
- B. India
- C. Japan
- D. Germany

ANSWER: A

19. Which Company Was Awarded A \$200 Million AI Contract By The U.S. Department Of Defense In 2025

- A. Google DeepMind
- B. OpenAI
- C. Microsoft
- D. IBM

ANSWER: B

20. What Is The Casimir Effect

- A. A phenomenon where two charged plates repel each other
- B. A phenomenon where two uncharged conducting plates experience an attractive force
- C. A phenomenon where two uncharged conducting plates experience a repulsive force
- D. A phenomenon where two charged plates experience a magnetic force

ANSWER: B