

Daily Current Affairs

05 May 2026

World Asthma Day 2026

- World Asthma Day 2026 is being observed on the May 5th worldwide. This day highlights the urgent need for the better access to essential asthma treatment worldwide.
- **Theme** : “Access to anti-inflammatory inhalers for everyone with asthma – still an urgent need.”
- **Symptoms of Asthma**
 - Asthma symptoms are may appear mild at first but it can worsen over time.
- **Common Symptoms**
 - Wheezing
 - Persistent cough and specially at night
 - Shortness of breath
 - Chest tightness



World Press Freedom Index 2026

- India has been ranked at **157th out of 180 countries** in the latest World Press Freedom Index 2026. Press freedom has reached its weakest point in decades across the globe.
- The World Press Freedom Index evaluates the all countries based on these five key indicators.
- Political environment
- Legal framework
- Economic conditions
- Social context
- Safety of journalists
- **Top 10 Countries with the Best Press Freedom**
- Norway
- Netherlands
- Estonia
- Denmark
- Sweden
- Finland
- Ireland
- Switzerland
- Luxembourg
- Portugal
- **Top 10 Worst Countries (2026)**
- Azerbaijan (171)
- Russia (172)
- Turkmenistan (173)

- Vietnam (174)
- Afghanistan (175)
- Saudi Arabia (176)
- Iran (177)
- China (178)
- North Korea (179)
- Eritrea (180)
- **India and Its Neighbors Comparison**
- Nepal (87)
- Maldives (108)
- Sri Lanka (134)
- Bhutan (150)
- Bangladesh (152)
- Pakistan (153)



Government Launches Fire Safety Week 2026

- The Ministry of Health and Family Welfare has launched the Fire Safety Week 2026 from May 4 to May 10, 2026. This initiative will begin with a nationwide

pledge which is led by Union Health Secretary Punya Salila Srivastava which highlights the urgent need for improved safety standards in hospitals.

- Along with this Fire Safety Week the central government has also introduced comprehensive National Guidelines on Fire and Life Safety in Healthcare Facilities.
- This week-long campaign will have strong emphasis on the theme of **'Safe Schools, Safe Hospitals, and a Fire-Safety Aware Society: Together for Fire Prevention.'**



Hazaribag Set to Become India's First Pearl Farming Cluster

- The Hazaribag district in the state of the Jharkhand is set to emerge as the India's first and only pearl farming cluster. This initiative is driven by fisheries department with support from the government to promote scientific aquaculture and create employment.
- The Hazaribag district has been officially identified by the Government of India as the country's only pearl farming cluster. This recognition is based on the region's favorable water sources and potential for aquaculture development.
- Pearl farming involves cultivating pearls by inserting a nucleus into the oysters and nurturing them in controlled water conditions.
- **Types of Pearls**
 - Freshwater pearls
 - Saltwater pearls



REVIEW QUESTIONS

1. World Asthma Day 2026 is observed on which date?

- A. May 1
- B. May 3
- C. May 5
- D. May 7

Answer: C. May 5

SSBCrack
EXAMS

2. What is the theme of World Asthma Day 2026?

- A. Healthy Lungs for All
- B. Breathe Free, Live Healthy
- C. Access to anti-inflammatory inhalers for everyone with asthma – still an urgent need
- D. Stop Air Pollution

Answer: C. Access to anti-inflammatory inhalers for everyone with asthma – still an urgent need

3. Which of the following is NOT a common symptom of asthma?

- A. Wheezing
- B. Chest tightness
- C. High fever

D. Shortness of breath

Answer: C. High fever

4. The World Press Freedom Index is released by which organization?

A. UNESCO

B. Reporters Without Borders

C. Amnesty International

D. World Bank

Answer: B. Reporters Without Borders

5. What is India's rank in the World Press Freedom Index 2026?

A. 150

B. 155

C. 157

D. 160

Answer: C. 157

6. Which country ranked first in the World Press Freedom Index 2026?

A. Sweden

B. Finland

C. Netherlands

D. Norway

Answer: D. Norway

7. Fire Safety Week 2026 is observed from:

A. May 1–7

B. May 3–9

C. May 4–10

D. May 5–11

Answer: C. May 4–10

8. Fire Safety Week 2026 was launched by which ministry?

- A. Ministry of Home Affairs
- B. Ministry of Defence
- C. Ministry of Health and Family Welfare
- D. Ministry of Education

Answer: C. Ministry of Health and Family Welfare

9. Which district is set to become India's first pearl farming cluster?

- A. Ranchi
- B. Dhanbad
- C. Bokaro
- D. Hazaribag

Answer: D. Hazaribag

10. Pearl farming involves which of the following processes?

- A. Growing pearls from plants
- B. Extracting pearls from rocks
- C. Inserting a nucleus into oysters and cultivating them
- D. Harvesting pearls from rivers directly

Answer: C. Inserting a nucleus into oysters and cultivating them