

Daily Current Affairs

25 May 2026

World Thyroid Day 2026

- On 25th May world observes the World Thyroid Day to raise awareness about thyroid health and the growing burden of thyroid disorders worldwide.
- This day also highlights the importance of early diagnosis, proper treatment and public awareness regarding thyroid diseases, which affect millions worldwide.
- The official global theme for World Thyroid Day is "**Thyroid and Nutrition.**"
- The **thyroid gland** plays a crucial role in regulating metabolism, energy production, growth, body temperature and hormone balance.
- The **thyroid gland is a butterfly shaped** endocrine gland which is in the neck. It produces thyroid hormones that help control many essential body functions.
- These hormones regulate them,
- Energy metabolism
- Heart rate
- Body temperature
- Growth and development
- Brain function
- Reproductive health



Rash Behari Bose Birth Anniversary 2026

- On 25th May, India remembers courageous revolutionary freedom fighter Rash Behari Bose on his birth anniversary. He was key architect of India's revolutionary struggle against British colonial rule and played the historic role in transforming the freedom movement the domestic resistance into international campaign.
- Rash Behari Bose was born on the 25th May 1886 in Subaldaha village, Bardhaman district (present day Purba Bardhaman) in state of West Bengal.
- Rash Behari Bose is being remembered on the occasion of his birth anniversary, and it is celebrated annually on 25 May. His legacy remains specially relevant because of his critical role in the India's armed revolutionary movement, the Ghadar Movement, the creation of the Indian Independence League and the groundwork for the **Azad Hind Fauj (INA)**.
- He was linked to major revolutionary organizations including,
 - Jugantar
 - Anushilan Samiti
 - Revolutionary underground networks
- His methods had reflected the militant nationalist movement active during the early 20th century.



World Football Day 2026

- World Football Day observed worldwide on 25th May, and this game connects the billions of people across different cultures, borders and generations. This day

celebrates football's contribution to peace, inclusion, youth empowerment, health and sustainable development.

- The United Nations officially proclaimed May 25 as the World Football Day through General Assembly Resolution A/RES/78/281, which was adopted on May 7, 2024.
- This declaration commemorates the 100th anniversary of the first international football tournament which featured the representation from all regions, held during the 1924 Summer Olympics in Paris.
- The 2030 Agenda for the Sustainable Development recognizes sport as an important enabler of the development and peace.
- Football directly supports the multiple SDGs, including the,
 - SDG 3: Good Health and Well-being
 - SDG 5: Gender Equality
 - SDG 10: Reduced Inequalities
 - SDG 16: Peace, Justice and Strong Institutions
- Social impact of football makes it an effective soft power instrument globally.



Gurindervir Singh Becomes Fastest Indian Sprinter

- India's Gurindervir Singh became the fastest ever Indian sprinter as he clocked an incredible 10.09 seconds in the men's 100m final at the Federation Cup in Ranchi, Jharkhand. With this record, he became the first Indian athlete to break into the 10.0-second range and scripted the history in the Indian Athletics.

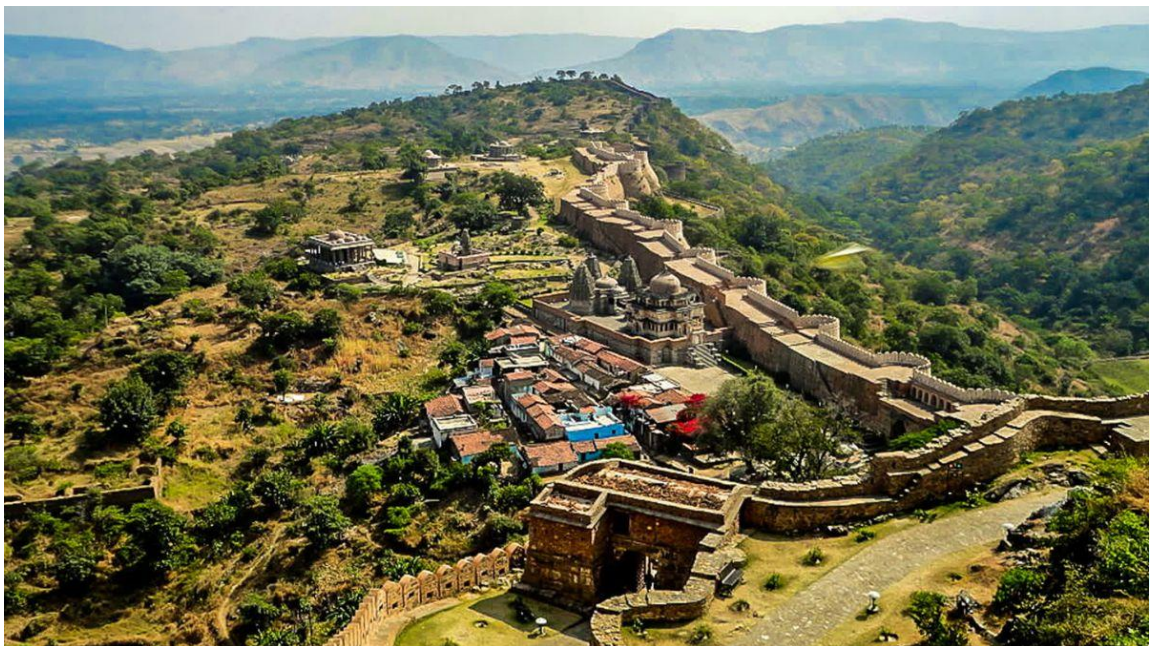
- For the final race at Birsa Munda Athletics Stadium in Ranchi and the atmosphere was electric. Just a day before the final, he had clocked the 10.17 seconds in the semifinals and he briefly breaking the national record.
- After some minutes, **Animesh Kujur** his fellow sprinter responded with the 10.15 seconds and reclaimed the record.



Kumbhalgarh Fort Recognized as World's Second Longest Continuous Wall

- UNESCO survey has recognized the Kumbhalgarh Fort as the second longest continuous intact wall in the world after the Great Wall of China.
- This fort is located in Rajsamand district of the Rajasthan and it one of the medieval architecture marvel which showcases the Rajput engineering, military strategy and cultural heritage.
- Kumbhalgarh Fort stands as one of the greatest examples of the Rajput military architecture. It is located around 84 km from Udaipur, deep within the Aravalli Hills and this fort was strategically designed for the defense and resilience.
- It was built by Rana Kumbha, who was the powerful ruler of Mewar and he ruled between 1443 and 1458 AD.
- Chief architect of the fort was Mandan, who was a renowned architect of medieval India.
- Due to its strong defensive planning and difficult terrain, this fort was considered nearly impossible to conquer.
- Kumbhalgarh Fort already enjoys the international recognition as part of UNESCO's Hill Forts of Rajasthan, which declared a World Heritage Site in 2013.

- The Hill Forts group includes the sites like,
- Chittorgarh Fort
- Ranthambore Fort
- Gagron Fort
- Amber Fort
- Jaisalmer Fort, Kumbhalgarh Fort



China Launches Shenzhou-23 Three-Member Space Mission

- China launched the Shenzhou-23 mission on 24 May 2026 with a three-member crew aboard a Long March 2-F rocket from the Jiuquan launch centre in north-western China. The spacecraft docked with the Tiangong space station about 3.5 hours after liftoff on 25 May 2026.
- The crew includes space engineer Zhu Yangzhu, former air force pilot Zhang Zhiyuan, and Lai Ka-ying, a former Hong Kong police officer. Lai Ka-ying became the first astronaut from Hong Kong to undertake a spaceflight. The mission sends three astronauts to Tiangong for scientific work and station operations.
- Tiangong is China's modular space station and a key platform for long-duration human spaceflight. One astronaut on Shenzhou-23 is scheduled to remain for one year to study the effects of long-duration microgravity on the human body.

The mission includes experiments in life sciences, materials science, fluid physics, and medicine.

- Shenzhou is China's crewed spacecraft series used for human spaceflight missions.
- Long March 2-F is a Chinese launch vehicle used for crewed missions.
- Tiangong is China's space station and has supported long-duration astronaut stays.
- NASA's Artemis programme is the United States' lunar exploration programme.



REVIEW QUESTIONS

1. World Thyroid Day is observed every year on which date?

- A) 21 May
- B) 24 May
- C) 25 May
- D) 28 May

Answer: C) 25 May

2. What is the official theme of World Thyroid Day 2026?

- A) Healthy Living
- B) Thyroid and Nutrition

- C) Endocrine Health for All
- D) Beat Thyroid Disorders

Answer: B) Thyroid and Nutrition

3. Rash Behari Bose was born in which present-day Indian state?

- A) Bihar
- B) Odisha
- C) Uttar Pradesh
- D) West Bengal

Answer: D) West Bengal

4. Rash Behari Bose was associated with which of the following revolutionary organizations?

- A) Jugantar
- B) Anushilan Samiti
- C) Indian Independence League
- D) All of the above

Answer: D) All of the above

5. The United Nations officially proclaimed World Football Day through which resolution?

- A) A/RES/76/101
- B) A/RES/78/281
- C) A/RES/75/200
- D) A/RES/80/301

Answer: B) A/RES/78/281

6. Indian sprinter Gurindervir Singh created history by clocking what timing in the men's 100m final?

- A) 10.25 seconds
- B) 10.17 seconds

- C) 10.09 seconds
- D) 9.99 seconds

Answer: C) 10.09 seconds

7. Kumbhalgarh Fort is located in which Indian state?

- A) Gujarat
- B) Madhya Pradesh
- C) Rajasthan
- D) Maharashtra

Answer: C) Rajasthan

8. Kumbhalgarh Fort was built by which ruler?

- A) Maharana Pratap
- B) Rana Kumbha
- C) Prithviraj Chauhan
- D) Raja Man Singh

Answer: B) Rana Kumbha

9. Which Chinese space mission was launched on 24 May 2026?

- A) Chang'e-8
- B) Tianwen-3
- C) Shenzhou-23
- D) Long March-7

Answer: C) Shenzhou-23

10. Who became the first astronaut from Hong Kong to undertake a spaceflight mission?

- A) Zhu Yangzhu
- B) Yang Liwei
- C) Zhang Zhiyuan
- D) Lai Ka-ying

Answer: D) Lai Ka-ying

