

Daily Current Affairs

21 September 2026

World Alzheimer's Day 2026

World Alzheimer's Day 2026 is being observed on **21 September** as part of **World Alzheimer's Month**. The day aims to increase awareness about Alzheimer's disease and other forms of dementia and to highlight the importance of recognising the condition and understanding its impact.

The theme for **World Alzheimer's Day 2026** is **"The Earlier You Know, The More You Can Do: A Dementia Diagnosis Matters."** The theme highlights the importance of awareness and early knowledge of dementia-related conditions.

What is Alzheimer's Disease?

Alzheimer's disease is a **progressive neurological disorder** and is the most common form of dementia. Dementia is a broad term used for conditions associated with difficulties in **memory, reasoning, thinking and behaviour**.

According to the information provided in the source, the World Health Organization (WHO) states that Alzheimer's disease may account for around **60–70% of dementia cases worldwide**.

Dementia is not considered a normal or inevitable part of ageing, although **old age is the greatest known risk factor** for the condition.

Common Symptoms

Some symptoms associated with Alzheimer's disease and dementia include:

- Memory problems that affect daily life
- Difficulty with decision-making and problem-solving
- Misplacing items and being unable to retrace one's steps
- Confusion about time and place
- Difficulty with words and conversations
- Problems completing familiar tasks

- Changes in mood



International Day of Peace 2026

- The **International Day of Peace 2026** is being observed on **21 September** with an emphasis on promoting peace, non-violence and cooperation among societies. The theme for 2026 is **“Invest in Peace – For Everyone, Everywhere, Every Day.”**
- The day provides an opportunity to highlight the importance of peaceful cooperation and efforts that contribute to stability within communities and societies.
- **Theme of 2026**
- The 2026 theme, **“Invest in Peace – For Everyone, Everywhere, Every Day,”** focuses on the importance of sustained efforts towards peace and cooperation.
- The United Nations describes people who work at the local level to promote peace as **“everyday architects of peace.”** Their activities may include encouraging communication, assisting others, promoting cooperation and helping create stable community environments.
- **History**
- The International Day of Peace was declared by the **United Nations General Assembly in 1981.**
- In **2001**, the United Nations General Assembly unanimously adopted a resolution declaring **21 September** as a day dedicated to **non-violence and ceasefire.**
- **Peace Bell**

- One of the most recognised observances associated with the International Day of Peace is the ringing of the **Peace Bell at the United Nations Headquarters in New York** by the UN Secretary-General.
- The Peace Bell was donated to the United Nations by the **United Nations Association of Japan**. It symbolises the global aspiration for peace.



Savita Punia Becomes India's Most-Capped Women's Hockey Player

- Indian women's hockey goalkeeper **Savita Punia** has achieved a major milestone by becoming the **most-capped Indian women's hockey player**, surpassing the previous record held by **Vandana Katariya**.
- Savita reached **321 international appearances** during India's Pool B match against Indonesia at the **Asian Games 2026 in Japan**.
- **Breaking the Record**
- Savita had equalled Vandana Katariya's previous record of **320 international caps** on **20 September 2026**, when India defeated Uzbekistan **19-0** in its opening Asian Games match.
- She subsequently appeared in the match against Indonesia, taking her international appearances to **321** and establishing a new record for Indian women's hockey.
- **Recognition from Hockey India**
- Following the achievement, **Hockey India** congratulated Savita Punia and announced a **₹10 lakh reward** for breaking the record.

- Savita made her senior international debut in **2009** and has since become one of the most experienced players in the Indian women's hockey team.
- **Major International Competitions**
- During her career, Savita has represented India in several major international competitions, including:
 - **Three Olympic Games**
 - **Two Asian Games**
 - **Commonwealth Games**
 - **Asian Champions Trophy**
 - **FIH Hockey Pro League**
- Her record reflects her long association with Indian international hockey.



Gwalior to Get Asia's First Telecom Manufacturing Zone

- **Gwalior** is set to emerge as an important telecom manufacturing centre with the proposed development of the country's first **Telecom Manufacturing Zone (TMZ)**.
- The project is expected to involve an estimated investment of **₹5,500 crore** and is projected to generate more than **18,000 direct employment opportunities**.
- **Proposed Telecom Manufacturing Zone**
- The proposed zone is expected to bring together around **24–25 telecom manufacturers**. These companies are proposed to manufacture a range of telecom equipment and devices.
- The first phase of the project is planned across approximately **170 acres**.
- According to the information provided, around **90 acres** will be located in **SADA**, while more than **70 acres** will be situated in the **IT Park**.
- **Investment and Employment**

- The project involves an estimated investment of **₹5,500 crore** and is expected to create more than **18,000 direct jobs**.
- A **common testing laboratory** is also proposed as part of the development, with an estimated investment of **₹500 crore**.



Amit Shah To Inaugurate National ANTF Conference

- Union Minister for Home Affairs and Cooperation **Amit Shah** is scheduled to inaugurate the **3rd National Conference of the Heads of States and Union Territories' Anti-Narcotics Task Force (ANTF)** in **New Delhi on 22 September 2026**.
- The conference is being organised by the **Narcotics Control Bureau (NCB)** and will bring together ANTF heads from all **36 States and Union Territories**, along with representatives from various government departments.
- **Focus of the Conference**
- The conference will provide a platform to discuss issues related to **anti-drug efforts** and coordination among different agencies and governments.
- During the event, Amit Shah is also scheduled to perform the **foundation stone laying ceremony for new NCB Zone Complexes in Lucknow and Dehradun**.
- The programme will also include the felicitation of the **best-performing ANTF** among the States and Union Territories.
- **Strategic Pillars**
- The conference focuses on several important areas related to combating narcotics:
- **Enforcement, Intelligence and Operations** – Drug law enforcement.
- **Precursors and Synthetic Drugs Control** – Monitoring precursor chemicals and controlling synthetic drugs.

- **Demand and Harm Reduction** – Measures related to reducing demand and harm associated with drugs.
- **Capacity Building and Coordination** – Strengthening institutional capabilities and coordination.



REVIEW QUESTIONS

1. World Alzheimer's Day 2026 was observed on which date?

- A. September 18
- B. September 19
- C. September 21
- D. September 22

Answer: C. September 21

2. What was the theme of World Alzheimer's Day 2026?

- A. Dementia Awareness for All
- B. The Earlier You Know, The More You Can Do: A Dementia Diagnosis Matters
- C. Building a Dementia-Free World
- D. Together Against Alzheimer's

Answer: B. The Earlier You Know, The More You Can Do: A Dementia Diagnosis Matters

3. The International Day of Peace is observed annually on:

- A. September 15
- B. September 18

- C. September 21
- D. September 24

Answer: C. September 21

4. In which year was the International Day of Peace declared by the United Nations General Assembly?

- A. 1975
- B. 1981
- C. 1990
- D. 2001

Answer: B. 1981

5. Savita Punia became the most-capped Indian women's hockey player after reaching how many international appearances?

- A. 300
- B. 315
- C. 320
- D. 321

Answer: D. 321

6. Who previously held the record for the most international appearances in Indian women's hockey before Savita Punia?

- A. Rani Rampal
- B. Vandana Katariya
- C. Deep Grace Ekka
- D. Salima Tete

Answer: B. Vandana Katariya

7. The proposed Telecom Manufacturing Zone (TMZ) is being developed in which city?

- A. Indore
- B. Bhopal
- C. Gwalior
- D. Jabalpur

Answer: C. Gwalior

8. What is the estimated investment for the proposed Telecom Manufacturing Zone in Gwalior?

- A. ₹2,500 crore
- B. ₹3,500 crore
- C. ₹5,000 crore
- D. ₹5,500 crore

Answer: D. ₹5,500 crore

9. Which organisation is organising the 3rd National Conference of the Heads of States and Union Territories' Anti-Narcotics Task Force?

- A. Central Bureau of Investigation
- B. Narcotics Control Bureau
- C. National Investigation Agency
- D. Enforcement Directorate

Answer: B. Narcotics Control Bureau

10. The 3rd National Conference of the Heads of States and Union Territories' ANTF is scheduled to be held in:

- A. Mumbai
- B. Lucknow
- C. Hyderabad
- D. New Delhi

Answer: D. New Delhi